

**CENTER FOR CAREER AND
LIFE DESIGN COUNSELLING**



Career and Life design Report

CLIENT ID: CT-2023-56790

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Name: Client ID: CT-2023-56790

Age:

Gender:

Educational Qualification: Currently a student of 9th standard

Reason for Consultation: Seeking clarity regarding subject selection in school

Behavioural Observation:

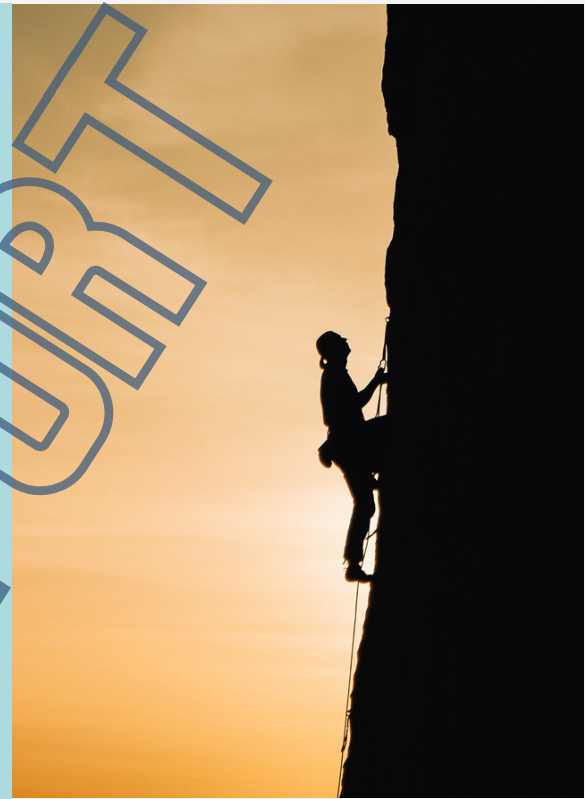
During the counselling session, the client's behaviour was characterized by politeness and patience. Their soft-spoken nature was evident throughout the discussion, and they diligently completed the provided worksheets assigned as homework. ABC demonstrated high attentiveness during the session and showed minimal signs of distraction. Particularly noteworthy was their willingness to express themselves in writing, allowing them to open up and share their thoughts more freely. Their writing exhibited a high level of logic and coherence.

Tests conducted

1. Big Five Personality Trait Test - Quantitative Test
2. RIASEC - Quantitative Test
3. Qualitative Worksheet

INTERPRETATION OF BIG FIVE PERSONALITY TRAITS TEST

This psychological report presents the results of the Big Five Personality Assessment. The Big Five Personality Model is a widely accepted framework used to assess individuals across five main dimensions: Openness, Conscientiousness, Extroversion, Agreeableness, and Neuroticism. The purpose of this assessment is to gain insight into Client's personality traits, which can have significant implications for various aspects of life, including social interactions, work performance, and overall well-being. This test is highly relevant for career counselling due to its ability to provide valuable insights into an individual's strengths, preferences, and potential challenges in various career paths. By understanding a person's personality traits, career counsellors can help individuals make informed decisions about their career choices and identify professions that align with their natural tendencies and interests.



THE BIG 5 PERSONALITY TRAITS





OPENNESS: HIGH OPENNESS

01 The client demonstrates a high level of openness, indicating a preference for trying new experiences and an inherent curiosity towards novel ideas. This trait suggests a creative and imaginative nature, as well as a willingness to embrace unconventional approaches to problem-solving. Individuals high in openness often seek out new activities and enjoy exploring uncharted territories.

CONSCIENTIOUSNESS: HIGH CONSCIENTIOUSNESS

02 The assessment indicates that client exhibits a high level of conscientiousness, showcasing strong organizational skills and attention to detail. This trait suggests a preference for structured environments and a disciplined approach to tasks and responsibilities. Individuals high in conscientiousness are reliable, efficient, and excel in managing to-do lists and prioritizing tasks.

EXTRAVERSION: MODERATE EXTRAVERSION

03 The assessment indicates the client exhibits moderate level of extraversion. People with moderate extraversion tend to enjoy social interactions and feel energized by spending time with others. While they may not actively seek out large social gatherings, they are generally open to engaging in various social activities. Moderate extraversion is a versatile and balanced personality trait that allows individuals to enjoy social interactions while still valuing their personal space and introspection. These individuals possess valuable interpersonal skills, making them well-suited for various social and professional settings.

AGREEABLENESS: HIGH AGREEABLENESS

04 The assessment indicates that Client exhibits a high level of agreeableness, reflecting a friendly, compassionate, and cooperative nature. This trait suggests a propensity to accommodate the requests of others and excel in fostering collaboration within groups.

NEUROTICISM: MEDIUM NEUROTICISM

05 The assessment indicates that Client demonstrates a medium level of neuroticism, which suggests that certain situations or people may trigger emotional responses. However, she is generally capable of finding ways to stabilize and regain emotional balance.

Based on the Big Five Personality Assessment the client displays a personality profile characterized by high openness, conscientiousness, and agreeableness, along with medium extroversion and medium neuroticism. Understanding these personality traits can offer valuable insights for personal growth and development, as well as for enhancing interpersonal and professional relationships. It is essential to remember that personality traits are dynamic and can be further cultivated with self-awareness and intentional efforts.



Interpretation Report for RIASEC Test

RIASEC stands for Realistic, Investigative, Artistic, Social, Enterprising, and Conventional, representing six distinct categories of work-related activities and environments.

The RIASEC test is an assessment tool that helps individuals explore their interests and preferences in various occupational domains. The Holland Codes or RIASEC model is a widely used career development theory that categorizes individuals into six personality types based on their interests and preferences. The six types are Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C). This report provides insights into your RIASEC scores, highlighting your dominant and secondary personality types, and how they relate to potential career paths.



Based on the subject's scores in each category, we can provide the following interpretation:

DOMAIN	DESCRIPTION	RANGE
Realistic	Practical, hands-on tasks and physical activities	Moderate
Investigative	Scientific inquiry, research, and intellectual problem-solving.	High
Artistic	Interest in creative and expressive pursuits.	Moderate
Social	Individual's inclination towards social interaction and helping others	Moderate
Enterprising	Interest in careers involving leadership, entrepreneurship, and influencing others	Low
Conventional	Preference for a structured and organized work environment.	Moderate

REALISTIC

13

INVESTIGATIVE

26

ARTISTIC

20

SOCIAL

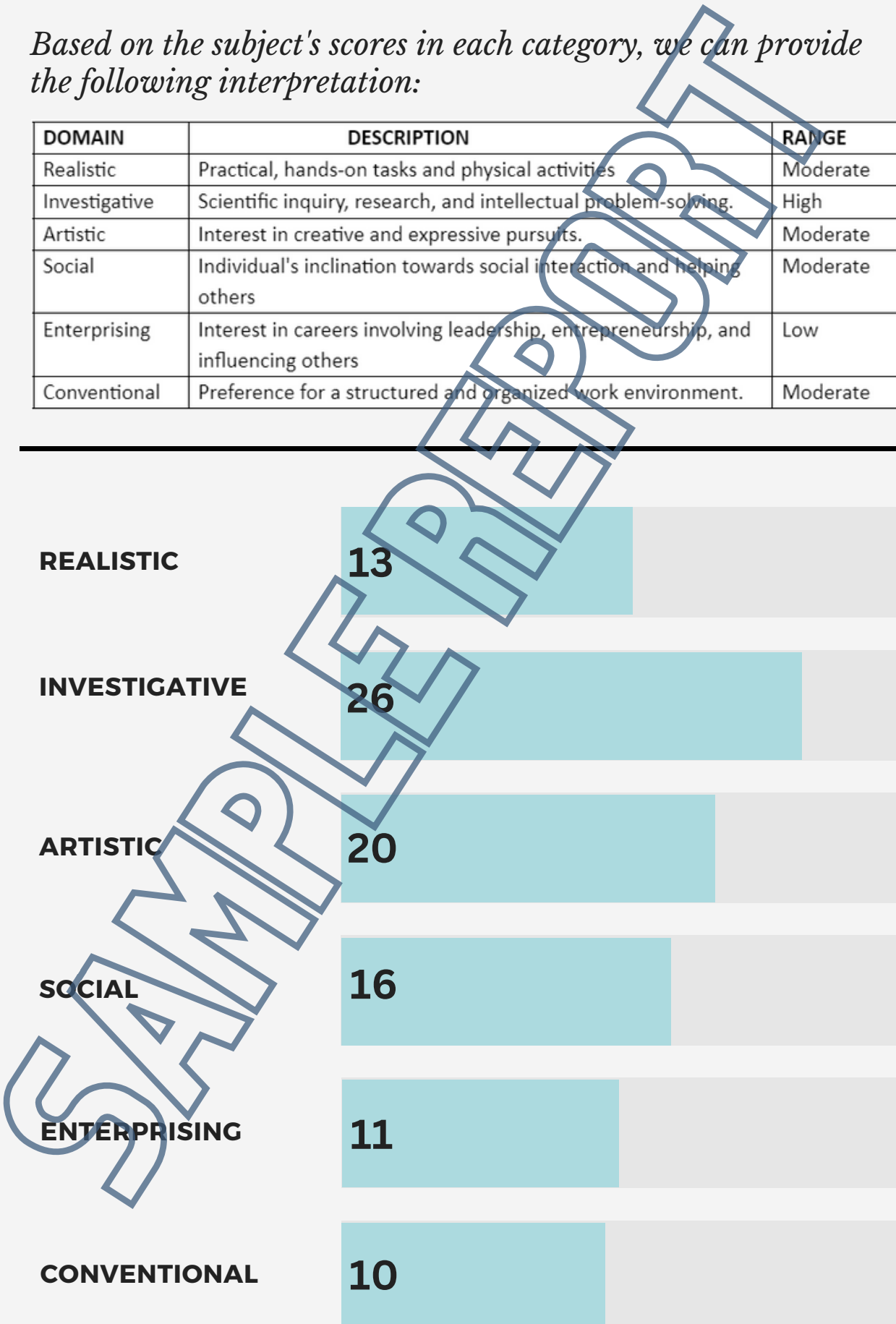
16

ENTERPRISING

11

CONVENTIONAL

10



ARTISTIC (A)



The Artistic category reflects an individual's interest in creative and expressive pursuits. The subject scored moderate in this domain which suggests a preference for creative expression, imagination, and aesthetic appreciation. Those with a dominant Artistic personality are often innovative, expressive and enjoy activities such as drawing, writing, or performing. They may find fulfilment in careers in the arts, design, media, or any field that allows for creative expression.

SOCIAL (S)



The Social category assesses an individual's inclination towards careers that involve interaction and helping others. The Social score of the client indicates a moderate interest in careers that involve helping and interacting with others. Individuals with a dominant social personality are compassionate, empathetic, and enjoy working in roles that involve counselling, teaching, healthcare, or community service. From the score we can tell that the client has some interest in helping and interacting with others, but it might not be as dominant as her other personality types.

INVESTIGATIVE (I)



The Enterprising category measures an individual's interest in careers involving leadership, entrepreneurship, and influencing others. With a high score in investigative domain, the client displays a strong interest in analytical thinking, research, and intellectual challenges. Individuals with a dominant Investigative personality are curious, logical, and enjoy exploring complex problems. They are well-suited for careers in science, technology, engineering, mathematics, research, or any field that demands critical thinking and analysis.

ENTERPRISING (E)



The Enterprising category measures an individual's interest in careers involving leadership, entrepreneurship, and influencing others. The subject's score in the Enterprising category suggests a low interest in careers involving leadership, entrepreneurship, and influencing others. It indicates that the client may have a lesser preference for leadership and business-oriented activities. Individuals with low Enterprising scores tend to be more reserved when it comes to taking charge and may not be as drawn to careers that involve high levels of assertiveness or persuasion.

REALISTIC (R)



The Realistic category assesses an individual's inclination towards careers that involve interaction and helping others. The Realistic score of the client indicates a moderate preference for activities that involve practical problem-solving, hands-on tasks, and physical engagement. People with a dominant Realistic personality are often practical, adventurous, and enjoy working with tools and machinery. They thrive in careers that require technical skills and physical dexterity.

CONVENTIONAL (C)



The Conventional category reflects an individual's preference for a structured and organized work environment. The Conventional category score of client indicates a moderate preference for structured and organized activities. Individuals with a dominant Conventional personality are detail-oriented, responsible, and enjoy working with data and systems. They may find satisfaction in careers in accounting, administration, finance, or any field that demands precision and adherence to rules. People with a moderate Conventional score on the other hand tend to possess a reasonable preference for adhering to rules and orderliness, but it may not be as dominant as some of their other personality types.



Observations made from qualitative worksheet

This report aims to provide insights into the client's dilemma regarding whether to pursue Physics or Biology in school. The qualitative worksheet was designed with open-ended questions to delve deep into the client's confusion and interests in both fields. The client expressed having almost equal levels of interest in both Physics and Biology, leading to uncertainty in making a decision.

Summary of Findings:

After analysing the qualitative worksheet, it can be concluded that the client tends to lean towards Physics when visualizing their future career options. This preference arises from the perception that Physics offers a wider range of career opportunities that align with their interests.



Aversion towards Medicine and Blood:

Through discussions with the client, it was inferred that she harbours an aversion towards aspects of the medical profession, including blood and medicine. Additionally, witnessing people suffer emotionally affects the client negatively. These factors have contributed to the client's hesitation in pursuing a career as a doctor or any profession that involves direct patient care.

Interest in Research and Teaching:

On the other hand, the client exhibits openness towards the domains of research and teaching. The prospect of engaging in scientific research or sharing knowledge as an educator resonates positively with the client's career aspirations.

Based on the findings, it is advisable for the client to consider a career path in Physics, as it aligns well with their interests and provides a wide range of potential opportunities. Pursuing Physics can open doors to diverse fields, such as research, academia, technology, and other industries, enabling the client to explore various areas of interest. Furthermore, choosing Physics does not restrict the client from exploring Biology in other capacities that do not involve direct patient care. It allows them to keep the domain of Biology open and discover alternative paths within the field.